

# SHARE YOU - We all need people to help us grow

Share you is an informal mentoring program coordinated by the Leadership Continuum for the purpose of professional growth and support.

We are here with these opportunities:

1. Professional relationships focused on growth.
2. Resources to mentor others.
3. Mentorship training.
4. Networking events for people to connect.

## Are you a:

*A **mentor** may be a more experienced individual who you believe epitomizes what you hope to become.*

*A **mentee** may be an individual in whom you see great promise and who could benefit from your tutelage.*

## Embrace the "SHARE YOU" Experience:

1. Connect with a mentor/mentee
2. Use resources at [azcteleads.org](http://azcteleads.org) to learn about mentoring
3. Set goals or purpose for relationship
4. Set regular check-ins (we recommend quarterly meetings at a minimum)
5. Sign up using the QR code or at [azcteleads.org](http://azcteleads.org) to receive quarterly reminder and resources.

[bit.ly/share-you](https://bit.ly/share-you)



"If you light a lamp for someone it will also brighten your own path."  
- Buddhist Proverb

**Questions | Comments**

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## mentor

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- Share valuable professional articles
- Invite your mentee to meetings they could learn from
- Talk through conflicts you are facing to build capacity for your mentee
- Plan to attend conferences together and dialogue about sessions
- Set up further networking opportunities
- Share your lessons learned
- Share leadership quotes
- Ask the mentee about their desired career path
- Offer advice
- Share key leadership lessons
- Recommend books
- Talk about work/life balance

## mentee

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- Share new ideas you are considering implementing
- Attend meetings/events with your mentor
- Ask for suggestions about conflicts you are facing
- Plan to attend conferences together and dialogue about sessions
- Don't be afraid to reach out and initiate conversation
- Consider joining affiliate
- Ask key questions related to "why" and "how"



**Go to [azcteleads.org](https://azcteleads.org)  
to sign up today!**